

two hours, walking barefoot over red hot coals burning at over 1200°F, is the ultimate test of Mind over Matter. It is the risks that we don't take that we often regret the most!

Imagine turning your fears into power in one evening, and by doing so, dramatically improve your results immediately!

Our Clientele

Corporate

- CMDs/CEOs Training @ Entrepreneur's Forum
- Indian Navy
- ICICI Bank
- LIC
- Tata-AIG
- Kerala State Civil Supplies Corporation
- Vodafone
- Mir Group
- Synthite

Institutions

- B-School FDP
- FISAT Business School
- B-School CET Trivandrum
- Rajagiri Engineering College, Ernakulam
- Amrita Institute of Technology & Science, Kollem

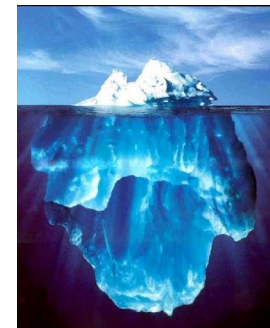
General Training Modules

- Even Eagle Need a Push
- Levels of Leadership
- Interpersonal Relationships
- Indisputable Laws of Teamwork
- Leadership Laws & Self Assessment
- Life Program
- Developing the Leader Program
- Discovering the Passion
- Overcoming Negative Emotions
- Law of Attraction workshop
- Health Management
- Body Language
- Meditation
- De-Stress Workshop
- Excuses Be Gone
- Entrepreneur Development Program
- Mindfulness & Self Knowledge
- Blocked Emotion Free Regression

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Corporate Training Programme

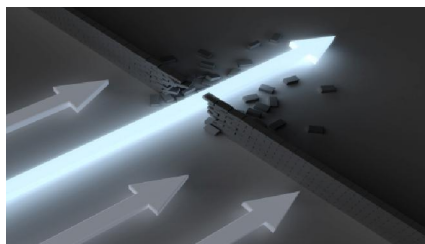


Arise, Awake &
Accomplish

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Inner and Outer Transformation

The "Inner and Outer Transformation" is a programme which aims to enhance the skills of the employees so that it



complements with the organisation's core strength in excellence. Our sustained learning methodologies address all aspects of the employees to achieve peak performance in all areas of their lives.

Objectives:

- To impart employees with managerial skills and improve professionalism
- To develop team building skills
- To groom employees to think, act & vibrate high like professional managers
- To facilitate employees in achieving a right balance in their personal and professional life
- Enhance the Social & Spiritual Intelligence
- Improve the Flexibility Quotient

There are various processes and exercises to focus on the above intelligence, through practical models, teaching importance of learning, un-learning, re-learning. Processes and exercises to administer the wheel of learning understanding of knowledge, commitment to apply in daily life, experience the experience and deeper understanding leading to maturity.

Modern methods of communication and various techniques to empower oneself and others. Some of the examples are:

- Sandwich technique
- Emptying technique
- Disarming technique
- Multiple closes

Enhancing creativity through time tested modules and their application with practical lessons.

Scope of Training

Blend Well - Group Dynamics

Break The Barrier - Conquering Inhibitions

Building Synergy - Building Teams

Wellness - Jump start your energy

Self Identity - Finding your other half

Mindfulness - Living in your senses by reawakening your senses

Primal Rebirth - Back to true self

Duration

- 2 days program

Language Option

- English or,
- English & Malayalam Mixed

The Trainer:



Dr. Reteesh Ambaat

- Recipient of Best Manager Award from Naval Institute of Advance Leadership & Management Studies
- Practicing Doctor in reflexology and energy psychology (Alternative Medicine)
- Specialized in Past Life Regression & Breath works helps people remove old emotional blocks
- Usui Tibetan Reiki Grand Master
- Experienced in Counseling & correcting different types of phobias
- Regularly appears on Asianet Plus TV Channel giving Life Skill Tips.
- Conferred with Honorary Doctorate from Indian Institute of Complementary Medicines

Other Special Trainings

Fire Walking

Fire Walking for the new millennium: a high-powered, streamlined program that delivers explosive transformation in